

Costa Rica: The Ultimate Adventure

Itinerary Table

| Session | Morning | Afternoon | Evening | Accommodation |
|--------------------|---|---|-----------------------------|---|
| Thursday, July 6 | Arrivals to SJO | | Orientation and Icebreakers | Belen Suites Hotel 100 meters west and 75 meters south from La Ribera cemetery, C. Arbolito, Heredia, San Antonio, 40701, Costa Rica |
| Friday, July 7 | Drive to Caldera to enjoy at the port | Drive to Monteverde to arrive at first Home Base | Welcome | Hotel Cipreses C. 6, Provincia de Puntarenas, Monteverde |
| Saturday, July 8 | Adventure Park: Ziplining and Hanging Park | Cultural Exchange at Local School | Night Hike | |
| Sunday, July 9 | Cultural Exchange/Dance Performance at Local School | Coffee Tour | Pack for Arenal | Rancho Margot Rancho Margot, Alajuela Province, El Castillo, Costa Rica |
| Monday, July 10 | Drive and Boat across the Lake to Rancho Margot Eco-Lodge | Explore and Settle in at Rancho Margot | Group | |
| Tuesday, July 11 | Sustainable farming day at Rancho Margot. Could include farming, weeding, feeding animals, swimming, yoga | | Group | |
| Wednesday, July 12 | Fortuna Waterfall Hike | Folkloric Activity: Costa Rican Cooking Workshop, Music, Lunch with local community | Bonfire | |
| Thursday, July 13 | Drive to Pacuare | Rafting Day 1 | Overnight stay on River | Tropical Rivers Pacuare Lodge Pacuare River |
| Friday, July 14 | Rafting Day 2 | | Drive to Cahuita | Ocean View Lodge Limón Province, Cahuita, 70403 |
| Saturday, July 15 | Cahuita National Park: Snorkel and Hike | Lunch in town & TTN Activity | Carribean Cooking class | |
| Sunday, July 16 | Morning with Bri Bri tribe: Chocolate tour and Medicinal Garden Tour | Playing For Change NGO Activity | Bonfire & TTN Activity | |
| Monday, July 17 | Surf Class | Pack and Drive to San Jose | | Belen Suites Hotel |
| Tuesday, July 18 | San Jose Exploration | | Farewell Activities | 100 meters west and 75 meters south from La Ribera cemetery, C. Arbolito, Heredia, San Antonio, 40701, Costa Rica |
| Wednesday, July 19 | SJO Departures | | | |