



**SUMMER
SPRINGBOARD**
Look Inward. Go Upward.

MIDDLE SCHOOL MEDICINE INFOSHEET

Residential & Commuter Students

**New student admissions for
Summer 2026 are open**

Middle School Course

This is a one-week program where you'll focus on one course for the entire duration.



Academic Program Overview

This program provides middle school students interested in pursuing medicine with real hands-on experience where they can build a set of medical skills and knowledge at an early age.

Imagine being able to set a splint, stop a bleed, and perform CPR as a middle school student! Students will learn medical techniques through age-appropriate simulations and guided lessons. In addition, they'll work with small groups to research a patient's history and symptoms, create a diagnosis based on findings, and develop a treatment plan.



Excursions

Students will have the opportunity to engage with highly accomplished specialists in this field. Guest speakers will share their wealth of knowledge and encourage innovative thinking in this area of learning. Hands-on learning is experienced through visits to medical facilities/hospitals where students can view the process of patient care in action. Outside of course specific studies the students will explore all the Bay Area, DC area, Seattle area, Nashville, and San Diego has to offer! With so much rich history, breathtaking sights, parks and famed landmarks at our fingertips there is something for everyone to discover!



Program Highlights

- Discover critical techniques in emergency medicine such as setting a splint and performing CPR.
- Work in teams as you research, diagnose, and develop a treatment plan for a "patient".
- Learn alongside medical professionals and gain behind-the-scenes knowledge of the emergency room.
- At Berkeley students will explore human anatomy on an Anatomage Table, the world's first virtual dissection table.
- At Georgetown students will visit the Trinity Washington University simulation center, a world class facility, where they'll gain hands on experience in intubation, and life-saving basic like support skills.

2026 Dates

Berkeley (\$2,998)

- Session 1: July 5- July 10
- Session 2: July 12 - July 17
- Session 3: July 19 - July 24
- Session 4: July 26 - July 31

Georgetown (\$2,998)

- Session 1: July 5 - July 10
- Session 2: July 12 - July 17

UC San Diego (\$2,998)

- Session 1: June 28 - July 3
- Session 2: July 5 - July 10
- Session 3: July 12 - July 17

University of Washington (\$2,698)

- Session 1: June 28 - July 3

Vanderbilt University (\$2,898)

- Session 1: June 28 - July 3
- Session 2: July 5 - July 10

Instructors

Berkeley - UCSF Emergency Medicine Physicians

Georgetown - Jennifer Wallace

Jennifer Wallace has a Master's in Nursing Education and a Bachelor's in Nursing and Psychology. Her 18 years in nursing have included bedside care of obstetrical patients and clinical coordination of the maternity service line. She has also served as a Nursing Professional Development and Education Specialist for the past three years at Sibley Memorial Hospital, including onboarding and educating new graduate nurses.

UCSD - TBA

University of Washington - TBA

Vanderbilt - TBA

Tuition Information:

Apply by November 30 to lock in the lowest prices of the year. Tuition increases on December 1.

Residential Students:

- **Includes:** all meals, lodging, excursions, Academic Course, and evening activities
- **Excludes:** optional airport pickup and drop off service (available for an additional fee)
- **Price:** See prices under 2026 dates

Commuter Students:

- **Includes:** lunch, academic course, excursions, programming from 9am to 5pm on Monday-Thursday and 9am to 2:30pm on Friday
- **Excludes:** lodging, breakfast, dinner, and evening activities
- **Price:**
 - Berkeley, Georgetown, UC San Diego, and Vanderbilt: \$1,498
 - University of Washington: \$1,298

Supplements:

- **Application fee:** Starting at \$99 (mandatory, non-refundable)
- **Middle School Medicine course supplement:** \$250 tuition (mandatory)
- **Tuition Protection Plan:** Allows for cancellation for any reason up until the day of the program. Click [here](#) for more info.

Summer Springboard programs are not run by our campus partners (with the exception of Cal Poly, University of Washington Foster School of Business, and NYSID which are run in partnership with SSB). Universities and their affiliated departments and partners do not control and are not responsible or liable in any manner for any part of the Summer Springboard program.



Course Structure

There are five 3-hour class sessions over the one-week course. During the week, students have class from 9am-12pm, Monday - Friday (program check-out is 2:30 p.m. on Friday). Wednesday afternoon will be dedicated to additional academic time with possible excursions and/or guest speakers.

The Middle School programs operate separately from Summer Springboard high school programs with separate staff, accommodations, classes, and a more structured environment. For students completing grades 6-8.



Typical Schedule

8AM	Breakfast	
9AM	Academic Course / Commuter Student Arrival	
12PM	Lunch	
1:30PM	Academic Excursions or Recreational Activity	
3:30PM	Academic Skills Lab	
5PM	Free-Time	
5-6PM	Commuter Students Depart	
6PM	Dinner	
7PM	Evening Activity	
8:30PM	Back in the Dorm	
9:30PM	Mentor Check-In	

[More info on Airport Transfer](#)

[More info on Unaccompanied Minor Service](#)

[Apply Now!](#)

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**SUMMER
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NYU MIDDLE SCHOOL MEDICINE INFOSHEET

Commuter Only Students

**New student admissions for
Summer 2026 are open**

Middle School Course

This is a one-week program where you'll focus on one course for the entire duration.

Program Highlights

- Discover essential emergency medicine techniques like setting a splint and performing CPR
- Work in teams to research, diagnose and develop a treatment plan for a simulated patient
- Learn alongside medical professionals and gain behind-the-scenes insight into the emergency room
- At Berkeley, explore human anatomy on the Anatomage Table, the world's first virtual dissection table
- At Georgetown, visit the Trinity Washington University simulation center, where students gain hands-on experience in intubation and life-saving basic support skills

2026 Dates

[NYU \(\\$1798\)](#)

- Session 1: June 22 - June 26
- Session 2: June 29 - July 3
- Session 3: July 6 - July 10
- Session 4: July 13 - July 17
- Session 5: July 21 - July 24



Academic Program Overview

This commuter-only program gives middle school students interested in medicine a chance to build real hands-on skills and foundational medical knowledge at an early age.

Imagine being able to set a splint, stop a bleed or perform CPR as a middle schooler! Through age-appropriate simulations and guided lessons, students will learn essential medical techniques and procedures. Working in small groups, they'll also research a patient's history and symptoms, make a diagnosis based on their findings and create a treatment plan.



Excursions

Students will have the opportunity to engage with highly accomplished specialists in the medical field. Guest speakers will share their expertise and encourage innovative thinking throughout the program. Hands-on learning continues through visits to hospitals and medical facilities, where students can observe patient care in action.

Outside of the classroom, students will explore the NYC area. With its rich history, iconic landmarks, scenic parks and world-class attractions, there's something for everyone to discover!

Instructor

NYU - Dr. Mark Alon

Dr. Alon is a Board Certified Hospitalist and Internal Medicine Physician at The Mount Sinai Health System in Manhattan, New York. He finished his ACGME Internal Medicine Residency Training at Columbia University College of Physicians and Surgeons and its affiliation with NYC Health+Hospitals Harlem. He received his medical degree from the Royal and Pontifical University of Santo Tomas, Faculty of Medicine and Surgery in The Philippines. Dr. Alon is passionate about Hospital Medicine, Internal Medicine, Academic Medicine and Healthcare Management. He has interests in the field of Chronic Diseases, Urban Health, Emerging Medical Technologies and Medical Management.

Tuition Information:

Apply by November 30 to lock in the lowest prices of the year. Tuition increases on December 1.

Commuter Students:

- **Includes:** lunch, academic course, excursions, and programming from 8:30 am - 5:00 pm on Monday and 9:00 am to 5:00 pm on Tuesday-Friday.
- **Excludes:** lodging, breakfast and dinner
- *There are no residential options at NYU
- **Prices:**
 - \$1798

Supplements:

- **Application fee:** Starting at \$99 (mandatory, non-refundable)
- **Middle School Medicine course supplement:** \$250 tuition (mandatory)
- **Tuition Protection Plan:** Allows for cancellation for any reason up until the day of the program. Click [here](#) for more info.

[More info on Airport Transfer](#)

[More info on Unaccompanied Minor Service](#)

[Apply Now!](#)



Course Structure

There are five 3-hour class sessions over the one-week course. During the week, students have class from 8:30am - 12pm Monday and 9am-12pm, Tuesday - Friday (program check-out is 5:00 p.m. on Friday). Wednesday afternoon will be dedicated to additional academic time with possible excursions and/or guest speakers.

The Middle School programs operate separately from Summer Springboard high school programs with separate staff, accommodations, classes, and a more structured environment. For students completing grades 6-8.



Typical Schedule

9AM	Academic Course / Student Arrival	
12PM	Lunch	
1:30PM	Academic Excursion	
3:30PM	Academic Skill Lab	
5PM	Students Depart	

Please note: NYU Middle School sessions begin on the Monday of each session at 8:30 AM.

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