



**SUMMER  
SPRINGBOARD**  
Look Inward. Go Upward.

# Kinesiology/Physical Therapy Infosheet

New student admissions for  
Summer 2023 are open.



## Program Highlights

- Learn how the body moves through various techniques and tools, such as range of motion measurements, endurance testing, and outcome measures.
- Develop basic skills; Gait assessment (i.e., learning how to walk), balance assessment, and functional assessment (transfers, bed mobility).
- Practice manual skills such as palpation, manual muscle testing, and massage therapy.
- Familiarize yourself with standardized document patient techniques.
- Develop communication, coaching, and interpersonal skills.



## 2023 Dates

UCSD (\$5,398)

- Session 1: July 09 - July 21



## Academic Program Overview

When someone has trouble moving or is injured, what can truly help is a non-invasive discipline that helps evaluate and improve mobility and relieve pain. Physical therapy might be just what they need. In this program, you will learn the basics of human anatomy, movement fundamentals, and exercise principles while doing lab work and clinical education.

Students will also gain a basic understanding and learn the physical therapy requirements and the many job opportunities this field can provide through various specialties. Learn to make a positive change in the community by empowering others through physical and mental health.



## Excursions

- Visit a hospital, nursing home, inpatient clinic, or related physical therapy business.
- Hear from those practicing in the industry, such as athletic trainers, personal trainers, and other professionals.

## Instructors

### TBA

Courses are taught by accomplished and passionate faculty recruited from many area colleges, universities and professional forums. Each faculty member is selected for their subject area expertise and proven ability to both challenge and captivate students.

## Tuition Information:

### Residential Students:

- Includes: all meals, lodging, excursions, academic course, weekend excursions
- Excludes: optional airport pickup and drop off service (available for an additional fee)
- Price: \$5,398

### Commuter Students:

- Includes: lunch, academic course, excursions, programming from 9am to 5pm, Monday-Friday
- Excludes: lodging, breakfast, dinner, weekend excursions
- Price: \$3,098

### Extended Commuter Students:

- Includes: lunch, dinner, excursions, academic course, programming from 9am to 8pm, weekend excursions
- Excludes: lodging, breakfast
- Price: \$3,698

## Supplements:

- Application fee: \$99 (mandatory, non-refundable)



## Course Structure

There are nine 3-hour class sessions over the two-week course. During week one, students have class from 9am-12pm, Monday - Friday. During week two students have class from 9am-12pm Monday through Thursday. Wednesday afternoons are dedicated to additional academic time (excursions, speakers).



## Typical Schedule



[More info on Airport Transfer](#)

[More info on Unaccompanied Minor Service](#)

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